



Relationships On Fire

My news bulletin on how to avoid the *undesirable* sides of dating, committed relationships, separation and divorce...

If you are dating, in a committed relationship, separated or divorced and would like to share your experiences, please post your concerns on my Facebook page: www.facebook.com/drgeorgiana and I will respond promptly. If you feel uncomfortable posting publicly, email me at: relationshipsonfire@drgeorgiana.com. Although I cannot respond to individual emails, I will publish some of your concerns anonymously on each news bulletin and on my You Tube Channel.

Please answer the following 3 questions in your post or email:

- 1. What has recently been your biggest relationship challenge?
- 2. What is preventing you from resolving it?
- 3. What is your question for me?

Ask Dr. Georgiana!

Dear Dr. Georgiana

I have been dating a man I met at a conference. He only sees me on weekends and often does not answer his phone during the week. He seems attentive when he is with me but I wonder what is going on in his life during the week. What can I do to find out more?

Dear Anne,

The issue is not what is going on in his life as much as that not communicating during the week may be a "nonnegotiable" for you. Tell him what you need and if he does not want to/cannot do it, he is not the one for you.



I am in love with a woman who has a drinking problem. She has been in rehab twice and continues to "disappear" several days per week. What can I do to help her?

Dear Marc,

Dear Dr. Georgiana

The only thing that you can do is ask for an honest explanation of what is going on and remind her that you will not aid in maintaining her drinking problem. If you do not deal with the issue directly, she may continue to "disappear" and have no incentive to change. Set the limits and follow through!



Dear Dr. Georgiana

I am married and feel trapped. I have lost the love that I used to feel for my husband. He has no clue of how I am feeling. Please help!

Dear Jane,

If you do not tell him how you are feeling, he cannot do anything about it. Ask yourself why you are keeping it to yourself and how you are contributing to the problem by being silent.

LATEST NEWS

Dating Tips 101 - Fail No More!

The 4 Types Of Selfmanagement Skills We All Really Need!

Unhealhty Relationships Can Be Exhausting

EBOOK



WATCH ONE OF DR. GEORGIANA'S LATEST VIDEOS





Tired of DATING the wrong people?

Watch my FREE 4-part video series: "How To Avoid Dating The Wrong Partner"

Sign-up here

Wondering if you should keep or leave your COMMITTED RELATIONSHIP?

Watch my FREE 4-part video series: "Should You Stay Or Should You Go?"

Sign-up here

Georgiana Spradling Ph.D., MFT, CDVC drgeorgiana.com 2443 Fillmore Street #325, San Francisco, CA 94115, USA Tel: 1-650-731-5105 gs@drgeorgiana.com







