



Relationships On Fire

My news bulletin on how to avoid the *undesirable* sides of dating, committed relationships, separation and divorce...

If you are dating, in a committed relationship, separated or divorced and would like to share your experiences, please post your concerns on my Facebook page: www.facebook.com/drgeorgiana and I will respond promptly. If you feel uncomfortable posting publicly, email me at: relationships-on-fire@drgeorgiana.com. Although I cannot respond to individual emails, I will publish some of your concerns anonymously on each news bulletin and on my [YouTube Channel](#).

Please answer the following 3 questions in your post or email:

1. What has recently been your biggest relationship challenge?
2. What is preventing you from resolving it?
3. What is your question for me?

Ask Dr. Georgiana!

Dear Dr. Georgiana

I am single and recently ran into a man that I used to date. He left me for another woman. We started talking and he told me that he is no longer in that relationship and has been thinking about calling me to date again. I like him but don't know if I can trust him. What should I do? Janice.

Dear Janice,

It is important for you to find out why he left you. It may be that there were issues in your relationship that he did not like. If that is the case (and it was not just that he got infatuated with someone else), ask yourself if you are willing and able to negotiate these issues and be happy. If you are not willing to negotiate, then there is no point in dating him again. If he was not struggling with any particular issue and acted impulsively, you probably should think twice about having him in your life.



Dear Dr. Georgiana

My boyfriend and I have been in a committed relationship for a year but now he says that he wants to be free to date other women as well. I don't like the idea but don't want to lose him. Several of my friends are in open relationships and seem content with it. Do you think it is OK to try? Lucy.

Dear Lucy,

The fact that some of your friends are happy with an open relationship does not mean you will be. Accepting something that is "non-negotiable" for you is not in your best interest. Ask yourself whether you will be able to manage negative feelings such as jealousy or resentment if you accept something you feel forced to do in order to keep your boyfriend. Look within to find the strength to ask for what you believe in and is in line with the way in which you want to live. If he is not in agreement, it is better to let him go.



Dear Dr. Georgiana

I have been married for 15 years and my relationship with my wife is stale and going nowhere. We have no children and I am thinking about getting a divorce but I am afraid she would be devastated if I tell her that. I am not sure how to proceed. Paul.

Dear Paul,

Have a conversation with your wife and ask her how she feels about the relationship. She may surprise you and agree with your assessment that it is going nowhere. Could it be that your reticence to express your unhappiness have prevented both of you from working on your marriage? If you have not worked on your issues, maybe you should give it a shot now. If you have worked on them and do not want to work on them any further, reflecting with your wife on what is "non-negotiable" for you may help her understand why you want a divorce and make it easier for her to accept it.

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